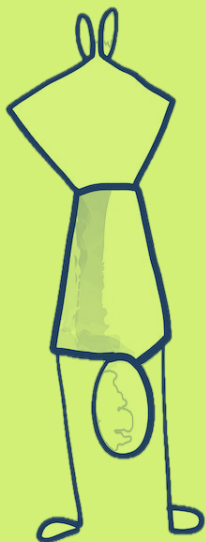




ACT-ivate

REVERSE PLANNING

Start at the finish line to activate the well-being goals.



Traditional planning asks *what's next?*

Back-casting asks where we need to be in 2050, then **walks backward** to find out what we must do today. A practical tool to support imaginative shifts.



FIRE

REVERSE PLANNING

1. **This is a 'Backcasting' technique for any visioning activity.**
Use it to ensure your roadmap arrives at the change you want to see.
2. **From your new vision work backwards.** Ask: "What is the thing that immediately has to happen for that outcome to occur?" Keep asking that of every preceding step until you arrive at the present
3. **Encourage your participants to identify the breakthrough moments or "Points of No Return"**—the specific decisions that made the final vision inevitable
4. **Name the one strategic pivot needed tomorrow** to ensure you are actually on the path to your vision.
5. **Use white boards and magnetic tiles** or flip charts to record the conversation and steps.

WORKS WITH



Any activity where participants have arrived at a different vision of the future, or a different ask of the present.



Act-ivate Getting Unstuck to help build creative thinking and ideation around future pathways.

SOURCE

Hwb Dyfodol Community of Practice as supported by the Office of the Future Generations Commissioner.

