



ACT-ivate

PRIORITIES

Making space for what matters



Achieving the **Wales We Want** may not be **possible** if our day to day is filled up **with yesterday's solutions**. This activity uses a gardening metaphor to help groups 'prune out' the deadwood of their own work programmes.

PRIORITIES

1. **The Gardener's Dilemma:** Introduce the metaphor. You cannot grow a prize harvest if you never prune. Cut away 'suckers'—green shoots that drain energy.
2. The Personal Audit: **Ask participants to identify one 'sucker' in their real life** (e.g., a subscription or habit) to build the 'stopping' muscle.
3. **Identify the 'Dead Wood':** In their work, which legacy reports, meetings, or processes are brittle, dry, and blocking the light for fresh growth?
4. **The Shears:** Use the seven well-being goals as the pruning tool. If a task doesn't provide nutrients to at least one goal, it's a candidate for composting.
5. **The New Growth:** By 'stopping' one specific thing today, name the new 'seed' (a project or way of working) that finally has the space and light to grow.
6. Be playful with the way this is presented, where time allows think about how you curate the space to make the metaphor come to life.

WORKS WITH



Act-ivate Commitment if something needs to stop – hold people to it.



Act-ivate Ambiguity– prepare yourself for challenging the status quo by getting comfortable with metaphor.

