



ACT-ivate

ONE DAY TRAINING

A full day is a **rare gift design with reciprocity in mind**

A day together allows space for a genuine shift. The morning builds the foundations, the afternoon gives space for creative thinking.



ONE DAY TRAINING

1. **You will be presented with multiple 'Catalysing Action' cards.** Choose the ones most appropriate for your audience to define your workshop structure.
2. **Lead with a spark card.** Get your participants warmed up and ready to engage with the Act.
3. **Choose 2 - 3 flame cards for the morning session to begin exploring the Act with your team/s.**
4. **Remember, lunch is part of the design.** Allow participants time to explore their location. Creative thinking is often most forthcoming between actives.
5. **The afternoon needs a jolt so open it with a spark card** to get participants' energy up ahead of a deep dive with one of the fire cards.
6. Close the session with activate commitment . People remember what they decided, not what they were told.

WORKS WITH



Act-ivate deep roots to give the afternoon session genuine depth.



Act-ivate story Harvest to capture what shifted during the day.

