



ACT-ivate

DEEP ROOTS

Integration goes beyond policy and procedure; it requires **a fundamental shift** in the **mindsets** we bring to **work**



To achieve the goal of a resilient Wales means **embedding ecological thinking into every organisational function**. This activity examines if organisational culture is enabling or preventing this shift.



FIRE

DEEP ROOTS

1. **Get participants in groups of up to six.** Give each person a blank paper figure and provide the table with an 'ingredients pack' containing printed words, images, scissors, and glue (*consider how this activity can be done with reusable and recyclable items. Contact the Future Generations Commissioners team for advice.*)
2. Give groups ten minutes to **use the materials to map how being in nature influences them** across three areas: feel (heart), think (head), and act (hand).
3. Next, **contrast this with the person who actually turns up to work.** Provide each group with *tiles* and a large 3x1 grid (head, heart, hand) to map out their 'work self' using words or pictures.
4. Bring everyone together for a plenary conversation to share findings. **Anchor the discussion by asking open reflective questions.**

WORKS WITH



Act-ivate How Might We - to explore how might we create a more nature connected culture.



Act-ivate Inspiration - to gather personally relevant words and images to use in the ingredient pack.

SOURCE

Landed Futures CIC in collaboration with
National Infrastructure Commission for Wales
Nature Connected Self

