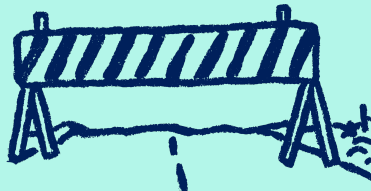




ACT-ivate BARRIER LOG

If you keep hitting the same wall, maybe it's time to make sure it's on the map

The barriers to implementing the WFG Act are rarely personal. They are **systemic** - the same procurement rule, the same budget cycle, the same senior sign-off requirement appearing in organisation after organisation. But **because each team hits these barriers alone, they get absorbed as individual frustration** rather than named as structural problems. **The Barrier Log turns private obstacles into shared intelligence.** Over time, patterns emerge and patterns are where the leverage is.



BARRIER LOG

1. **Introduce the log at the end of a training session,** alongside the Commitment Card. When participants make their commitment, ask them to also agree to record what gets in the way.
2. **The log needs only four fields: what were you trying to do,** what blocked it, where did the block come from (culture, process, budget, leadership, something else), and what did you do instead?
3. **Keep it simple - a shared spreadsheet, a Teams channel,** a physical noticeboard. The format matters less than the habit.
4. **Review the log together every few months.** Look for patterns: the barriers that appear repeatedly, across teams or organisations, are the ones worth escalating. Take them to leadership.

WORKS WITH

Act-ivate You — patterns in the log are worth taking to your buddy.

Act-ivate Commitment – make recording barriers a key commitment for participants

INSPIRED BY

Sara Ahmed (2021) *Complaint!* Durham: Duke University Press. We map the "walls" to transform private frustration into the collective intelligence required for systemic change.